

| OsLekene 23.sep 2022 Revidert 20 sept | | | | | | | | | | | | LØRDAG | | | | | | | | | | | |
|---------------------------------------|------------|------------|--------|--------|--------|--------|--------|--------|--------|---------|--------|--------|------------|------------|--------|--------|--------|--------|--------|--------|--------|---------|--------|
| | 6-9år | G 10 | G 11 | G 12 | G 13 | G 14 | G 15 | G 16 | G 17 | G 18/19 | M Sen | | 6-9år | J 10 | J 11 | J 12 | J 13 | J 14 | J 15 | J 16 | J 17 | J 18/19 | K Sen |
| 10:00 | Lengde S | | | | | | | | | | | 10:00 | 60m | | | | | | | | | | |
| 10:05 | 25 | | | | | | | | | | | 10:05 | 19 | | | | | | | | | | |
| 10:10 | | | | | | | | | | | | 10:10 | | | | | | | | | | | |
| 10:15 | | | | | | | | | | | | 10:15 | | | | | | | | | | | |
| 10:20 | | | | | | | | | | | | 10:20 | | | | | | | | | | | |
| 10:25 | | | | | | | | | | | | 10:25 | Liten Ball | | | | | | | | | | |
| 10:30 | | Høyde | Høyde | | | | | | | | | 10:30 | Grus | | | | | | | | | | |
| 10:35 | | 8 | 4 | | | | | | | | | 10:35 | 16 | | | | | | | | | | |
| 10:40 | | | | | | | | | | | | 10:40 | | | | | | | | | | | |
| 10:45 | | | | | | | | | | | | 10:45 | | | | | | | | | | | |
| 10:50 | | | | | | | | | | | | 10:50 | | | | | | | | | | | |
| 10:55 | | | | | | | | | | | | 10:55 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | 11:00 | | 60m 2 | | | | | | | | | |
| 11:05 | | | | | | | | | | | | 11:05 | | | | | | | | | | | |
| 11:10 | | | | | | | | | | | | 11:10 | | | 60m 3 | | | | | | | | |
| 11:15 | | | | Høyde | Høyde | Høyde | | | | | | 11:15 | | | | 60m 3 | | | | | | | |
| 11:20 | | | | 4 | 1 | 1 | | | | | | 11:20 | | | | | 60m 3 | | | | | | |
| 11:25 | | | | | | | | | | | | 11:25 | | | | | | 60m 1 | | | | | |
| 11:30 | | | | | | | | | | | | 11:30 | | | | | | | | | | | |
| 11:35 | 60m | | | | | | | | | | | 11:35 | | | | | | | | | | | |
| 11:40 | 25 | | | | | | | | | | | 11:40 | | Spyd | Spyd | Spyd | Spyd | Spyd | Spyd | Spyd | Spyd | Spyd | Spyd |
| 11:45 | | | | | | | | | | | | 11:45 | | | 3 | 1 | | | | | | | |
| 11:50 | | | | | | | | | | | | 11:50 | | | | | | | | | | | |
| 11:55 | | | | | | | | | | | | 11:55 | | | | | | | | | | | |
| 12:00 | Liten Ball | 60m | | | | | Høyde | Høyde | Høyde | | | 12:00 | Lengde S | | | | | | | | | | |
| 12:05 | Grus | 7 | | | | | 1 | | | | | 12:05 | 20 | | | | | | | | | | |
| 12:10 | 24 | | 60m | | | | | | | | | 12:10 | | | | | | | | | | | |
| 12:15 | | | 6 | | | | | | | | | 12:15 | | | | | | | | | | | |
| 12:20 | | | | 60m | | | | | | | | 12:20 | | | | | | | | | | | |
| 12:25 | | | | 2 | | | | | | | | 12:25 | | | | | | | | | | | |
| 12:30 | | | | | 60m 1 | 60m 1 | | | | | | 12:30 | | | | | | | | | | | |
| 12:35 | | | | | | | | | | | | 12:35 | | | | | | | | | | | |
| 12:40 | | | | | | | 100m 4 | 100m 0 | | | | 12:40 | | | | | | | | | | | |
| 12:45 | | | | | | | | | 100m 1 | 100m | 100m 2 | 12:45 | | | | | | | | | | | |
| 12:50 | | | | | | | | | | | | 12:50 | | | | | | | 100m 2 | 100m 1 | 100m 1 | 100m | 100m |
| 12:55 | | | | | | | | | | | | 12:55 | | | | | | | | | | | |
| 13:00 | | Kule | Kule | Kule | Kule 2 | Kule 1 | Kule | Kule | Kule | Kule | Kule | 13:00 | | | | | | | | | | | |
| 13:05 | | 3 | 2 | 3 | 3 | 1 | | | | | | 13:05 | | | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos |
| 13:10 | | | | | | | | | | | | 13:10 | | | 1 | 1 | | | | | | | 1 |
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| 13:35 | | 600m 5 | | | | | | | | | | 13:35 | | 600m 1 | | | | | | | | | |
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| 13:45 | | | 600m 5 | 600m 2 | 600m 2 | | | | | | | 13:45 | | | | | | | | | | | |
| 13:50 | | | | | | | | | | | | 13:50 | | Liten Ball | 600m 4 | 600m 1 | 600m 1 | | | | | | |
| 13:55 | | Liten Ball | | | | | | | | | | 13:55 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | | 14:00 | | | | | | | | | | | |
| 14:05 | | 1 | | | | 800m 1 | 800m 0 | | | | | 14:05 | | | | | 800m | | | | | | |
| 14:10 | | | | | | | | | | | | 14:10 | | | | | | | | | | | |
| 14:15 | | | | | | | 800m | 800m 1 | 800m 1 | 800m 2 | | 14:15 | | | | | | 800m | 800m | 800m | 800m | 800m | 800m 1 |
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